# My Mobility Plan Guiding Document

Use this document as a guide to fill out your mobility plan.

## What is ‘My Mobility Plan’?

Your Mobility Plan is a step-by-step breakdown of where you need to go, how you get there, and how you will get there in the future.

Transportation often seems like a given. However, most people are currently out living our ability to drive by 10 years! Adding in the rising cost of living, many people cannot afford to drive. This is why mobility planning is a useful way to figure out your options before you need them.

## Why would you make a mobility plan?

People have a variety of reasons for making mobility plans. These may include:

* Desire to age in place
* Reducing carbon footprint
* Financial reasons
* Safety and convenience
* Connecting with community
* Increasing independence

…and many more! Take some time to think of your motivation for completing a mobility plan.

# Making the Mobility Plan

We are going to start making our mobility plan by completing just the first row. Follow the steps below and feel free to take notes throughout.

**Step 1: Where do you go?**

Identify one of the most common tasks/destinations you do in your day. Fill it out under “Task” in the left-hand column and the address in the column next to it. Ask yourself these questions as you fill this out:

* Where do you travel to?
* How often do I go there/complete this task?
* How important is it that I get to this destination?

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**Step 2: How do you get there?**

Ask yourselves these questions as you think about how you get to the task/destination and fill out the corresponding column.

* How do you travel to your destination?
* What do you like and dislike about this transportation method?
* What may prevent you from using this transportation method in the future?
* How much does it cost you per month to use this method?

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**Step 3: How do I pay?**

On average, how much does that transportation option cost you? What payment method do you need to have on hand?

For example, if you are using the bus, are you paying online or with cash? How much do you spend on fare per month?

You may be tempted to put $0 if you drive every day, but our transportation costs are more complex than just the price of a bus ticket or a taxi fare. If you are driving, how much does the gas cost per month? Or the insurance of your vehicle? Or parking? Calculate those costs as well.

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**Step 4: Calculating your travel time**

Think about how long it takes for you to get to your location using your current transportation method. This will be important later. Write it down in the travel time column.

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**Step 5: Finding your alternative options**

Now that we have a good idea of what your current options look like, let’s think about what you’ll do when the first option is no longer available to you. Pick one task that you wrote out on your mobility plan and let’s use it as an example to find an alternative.

To find your appropriate alternative, take inventory of what options are around you.

* Who in your support system can drive you to this destination?
* Do you live near a transit stop?
* Do you have the ability to bike?
* Go to Gohio Mobility to find more options as well: morpc.org/gohiomobility

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**Step 6: Evaluating your alternative options**

Pick one of the options above and ask yourself these questions:

* What do you like about this alternative? What do you dislike?
* What are the benefits to using this option?
* What are the barriers to using this option?
* How much would this option cost per month?
* What is my travel time with this option?

Repeat these questions with each alternative option until you find the most appropriate “back up.” Once you do, fill it in with the appropriate details you need to know on your mobility plan.

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**Final step:**

Repeat steps 1 through 6 to complete your entire mobility plan.

Extra challenge: Use your “back up” method as your primary one.

## I’ve made My Mobility Plan. Now what?

Great job! However, your work isn’t over yet. Remember:

* Update your mobility plan regularly
* Keep your mobility plan visible
* Challenge yourself to practice using your ‘back-up’ method