

NEW MANAGER SERIES

SIX WEEK PREVIEW

Understanding Yourself | Leading Yourself | Creating High Performance

WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

WEEK 6

THE OBSERVATION DECK

- Managing your energy
- Taking the balcony view
- Three secrets of successful leaders
- Intro to knowing yourself

REFLECT & REVISE

- Learn how to better bring your strengths to bear
- Be able to identify and surround yourself with things that strengthen you
- Have a language to discuss strengths-based thinking with peers
- Identify and learn from well-rounded teams

LEADING IN THE PRESENT

- Understanding what makes people tick
- How we show up under stress... and what we can do about it
- Be here now
- Giving and receiving feedback

REHEARSAL

- It doesn't start with slides
- Story telling + data + CTA
- Practice makes proficient; more practice makes perfect

SHOW TIME

- Group warm ups
- Individual presentations
- Practice giving and receiving feedback

BRINGING OUT THE BEST

- DEIA dialogue with Skye Nile Consulting
- Final Team Challenge
- Reflections and Commitments
- HAPPY HOUR CELEBRATION

PRE-WORK: PERSONALITY/STYLE ASSESSMENT

HOMework BETWEEN MODULES